

SVP TO:  
(813) 265-4951



Lynne Wadsworth of Holistic Health & Wellness will talk about...

• THE BENEFITS OF •

# HERBS & SPICES

• ON INFLAMMATION, HEADACHES, AND  
OTHER MEDICAL CONDITIONS •

**TUESDAY, APRIL 18th at 7 p.m. at Abby's Nutrition**  
**14374 N. Dale Mabry Hwy, Tampa**

