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813-265-4951

# ENDLESS *energy* Workshop

Join Lynne Wadsworth, Certified Health Coach for the "Eating for PURE Energy....What to Eat for Your Vibrant Life" class ... so that you can get through your day with energy to spare and wake up invigorated and refreshed!

**Tuesday  
April 10th  
7 p.m.**

Abby's Health & Nutrition  
14374 N. Dale Mabry Hwy., Tampa, FL 33618