

Free Educational Seminar on
Gut Health
with Abby Saylor



Are you distressed by:

- **Heartburn/stomach pain**
- **Abdominal bloating/cramping**
- **Constipation/diarrhea**
- **Inflammation of your joints**

**LEARN THE "ROOT" CAUSE & HOW TO
RELIEVE THE DISTRESS!**

Thursday, November 2nd @ 7pm

Located next door at Brunchies

Sign up in the store or call (813) 265-4951