

INDEPENDENT Choice™

March 2018

Traditional Medicinals
Organic Throat Coat

\$3⁹⁹
16 ct.



Annie's Naturals
Organic Dressing

\$3²⁹
5 oz.



Simple Mills
Almond Flour Crackers

\$3⁹⁹
4.25 oz



Amy's
Organic Lentil Soup

\$2⁷⁹
14.5 oz



Pacific
Organic Free Range
Chicken Broth

\$3⁶⁹
32 oz



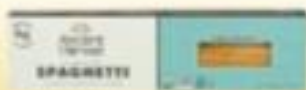
Organic Valley
Organic Cream Cheese

\$3¹⁹
8 oz



Ancient Harvest
Organic Supergrain Pasta

\$2⁷⁹
8 oz



Muir Glen
Organic Tomatoes
(selected varieties)

4/\$5
14.5 oz



Annie's Homegrown
Cheddar Bunnies

2/\$5
7.5 oz



Better Than Bouillon
Organic Base

\$4⁹⁹
8 oz



Did you know...

Corned beef derives its name from the large-grained rock salt, or corns, used to cure the meat.

Annie's Homegrown
Organic Shells & Cheese
(selected varieties)



\$2¹⁹
6 oz

Napa Valley Naturals
Organic Cold Pressed
Extra Virgin Olive Oil



\$10⁹⁹
25.4 oz

Hail Merry
Tart



\$3¹⁹
3 oz

Lundberg Family Farms
Wild Blend Rice



\$3⁷⁹
1 lb

Spectrum
Organic Refined
Canola Oil



\$7⁹⁹
32 oz

Maple Hill Creamery
Organic Cream On Top Yogurt
(selected varieties)



5/\$5
6 oz

Koyo
Ramen
(selected varieties)



89¢
2.1 oz

Annie's Homegrown
Organic Snack Mix
(selected varieties)



\$3⁶⁹
9 oz

Miyoko's Creamery
Organic Double Cream
Vegan Cheese



\$7⁴⁹
6.5 oz

Tofurky
Veggie Roast



\$11⁹⁹
26 oz

Beanfields
Bean & Rice
Chips



\$2⁷⁹
5.5 oz

Organic Valley
Organic Feta Cheese



\$5⁴⁹
8 oz

Crown Prince Natural
Skinless & Boneless
Sardines in Olive Oil



\$2⁷⁹
3.75 oz

Late July
Organic Cantina
Dippers



2/\$6
8 oz

Westbrae
Organic Beans
(selected varieties)



\$1⁸⁹
15 oz

Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of March.

Create a sustainable future, one bite at a time.

GOOD
FROM THE
GROUND UP



ORGANIC FARMING FOR HEALTHY SOIL & PLANET

AT CASCADIAN FARM, WE'RE DEDICATED TO PRODUCING FOOD YOU CAN FEEL GOOD ABOUT EATING. AND IT ALL STARTS WITH THE SOIL WE GROW IN.

TAKING CARE OF THE SOIL YIELDS REAL WORLD RESULTS WE'D LOVE TO SHARE. VISIT CASCADIANFARM.COM TO LEARN MORE.

Late July
Organic Multigrain
Tortilla Chips

2/\$5

6 oz.



Crunchmaster
Multi-Seed Crackers
(selected varieties)

\$2⁶⁹

4.5 oz.



Cascadian Farm Organic
Organic Potatoes

2/\$5

16 oz



Alden's Organic
Organic Ice Cream
(selected varieties)

\$7²⁹

48 oz



Honest Tea
Organic Iced Tea

2/\$3

16 oz



Organic Valley
Organic Mozzarella
Stringles

\$4²⁹

6 oz



Justin's
Almond Butter

\$9⁹⁹

16 oz



KIND
Clusters
(selected varieties)

\$4²⁹

11 oz



California Olive Ranch
Everyday Extra Virgin
Olive Oil

\$9⁴⁹

16.9 oz



Spectrum
Organic Unrefined
Olive Oil

\$10⁷⁹

25.4 oz.



Nature's Path
Organic Hot Oatmeal
(selected varieties)

\$3⁴⁹

14 oz.



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of March.

338390 3/1/2018 3

Cascadian Farm Organic
Organic Cinnamon
Crunch Cereal



2/\$6

9.2 oz

Almond Breeze
Almondmilk
(selected varieties)



\$3⁶⁹

64 oz

Uncle Matt's
Organic Orange Juice
(selected varieties)



\$6²⁹

59 oz

Nature's Path
Organic Crunchy Maple
Sunrise Cereal



\$4¹⁹

10.6 oz

Enjoy Life Foods
Semi-Sweet Chocolate



\$4²⁹

10 oz

That's It
Fruit Bar



4/\$5

1.2 oz

Pamela's Products
Baking & Pancake
Mix



\$5⁹⁹

24 oz

Wholesome!
Organic Light Brown
Sugar



\$4²⁹

24 oz

Made in Nature
Organic Dried Plums



\$5⁴⁹

6 oz

Immaculate Baking
Organic Cinnamon Rolls



\$4⁶⁹

17.5 oz

Simply Organic
Organic Ground
Cinnamon



\$4⁴⁹

2.45 oz

Birch Benders
Organic Pancake &
Waffle Mix



\$3⁷⁹

16 oz

So Delicious
Coconut Creamer



\$2¹⁹

16 oz

Brown Cow
Cream Top Whole Milk
Yogurt



89^c

5.3 oz

Earthbound Farms
Organic Frozen Fruit
(selected varieties)



\$3⁹⁹

10 oz

KeVita
Organic Master Brew
Kombucha



2/\$5

15.2 oz

Larabar
Fruit & Nut Bar
(selected varieties)



5/\$5

1.7 oz

Against The Grain Gourmet
Original Baguettes



\$5⁹⁹

24 oz

The Ginger People
Organic Ginger Juice



\$3⁶⁹

5 oz

Clif Bar
Builder's Bar



3/\$4

2.4 oz

Natural Sea
Wild Pink Salmon



\$3¹⁹

7.5 oz

R.W. Knudsen
Just Cranberry Juice



\$6⁴⁹

32 oz

tera'swhey
Organic Whey Protein



\$25⁹⁹

12 oz

Natrol
Melatonin Time Release
5mg



\$7⁴⁹

100 tab

Q Drinks
Tonic Water



\$4⁹⁹

750 ml

Annie's Homegrown
Organic Fruit Snacks



2/\$6

4 oz

Dang
Coconut Chips



\$3²⁹

3.17 oz

Zevia
Zero Calorie Soda



\$4²⁹

6/12 oz

evamor
Natural Alkaline Water



\$1⁶⁹

64 oz

Lakewood
Organic Pure Beet Juice



\$5⁴⁹

32 oz

Xlear
Nasal Spray



\$8⁹⁹
1.5 oz

Bach
Rescue Pastilles



\$6⁷⁹
50 g

MegaFood
Blood Builder



\$11⁹⁹
30 tab

Boiron
Sabadil



\$8⁴⁹
60 tab

Nutrition Now
PB 8[®] Pro-Biotic



\$16⁹⁹
120 cap

Renew Life
Ultimate Flora Probiotic
50 Billion



\$29⁹⁹
30 cap

American Health
Ester-C[®] 500 mg



\$13⁷⁹
120 cap

Amazing Grass
Green SuperFood Original



\$20⁹⁹
8.5 oz

Organic India
Organic Whole Husk
Psyllium



\$11⁴⁹
12 oz

Natural Factors
Suntheanine



\$18⁹⁹
60 tab

Hyland's
Calms Forté



\$7⁹⁹
100 tab

*Regenerative
Organic Agriculture*

- ▶ REGENERATES SOIL HEALTH AND FERTILITY
- ▶ IMPROVING WATER CYCLES AND SEQUESTERING CARBON
- ▶ RESTORING VIBRANT HEALTH TO THE ENVIRONMENT

ORGANIC INDIA

Moringa
Certified Organic

ORGANIC INDIA

U organicindia.com

Garden of Life
myKind Organics Multi



\$35⁹⁹
60 tab

EO
Everyone Soap



\$6⁹⁹
32 oz

Biokleen
Bac-Out Stain &
Odor Eliminator



\$6²⁹
32 oz

Nature's Way
Activated Charcoal



\$6⁹⁹
100 cap

Desert Essence
Organic Coconut
Conditioner



\$6⁴⁹
8.5 oz

ECOS
Dishmate



\$2⁹⁹
25 oz

New Chapter
Zyflamend™ Whole
Body



\$27⁹⁹
60 vcap

Andalou Naturals
Argan & Shea Moisture
Rich Shampoo



\$7²⁹
11.5 oz

ecover
Toilet Cleaner



\$3⁷⁹
25 oz

Topricin
Pain Relief Cream



\$12²⁹
2 oz

Giovanni
2chic Ultra-Moist
Shampoo



\$6⁴⁹
8.5 oz

KISS MY FACE
Liquid Rock
Deodorant



\$4²⁹
3 oz

Lily of the Desert
Aloe Vera Gelly



\$6⁷⁹
12 oz

DERMA E
Firming DMAE
Moisturizer



\$16⁹⁹
2 oz

Alaffia
EveryDay Shea
Body Wash



\$9⁴⁹
32 oz

Abby's March BOGO Sale

GARDEN OF LIFE

Perfect Food Green Superfood
Alkalizer & Detoxifier, Energizer,
Chocolate Cacao, Original, and Apple



BUY ONE GET ONE

224-285 grams **FREE** SAVE \$44.99

DR. AXE

Multi Collagen Protein



BUY ONE GET ONE

FREE

1 Packet
1lb

SAVE \$139
SAVE \$48.99



NEW CHAPTER

Every Man's One Daily



BUY ONE GET ONE

FREE

40 + 48 Labs
55 + 48 Labs
SAVE \$49.99
SAVE \$61.99

NEW CHAPTER

Every Woman's One Daily



BUY ONE GET ONE

FREE

40 + 48 Labs
55 + 48 Labs
SAVE \$49.99
SAVE \$61.99

SIMPLER'S BOTANICALS

Calm Within, Deep Restful Sleep,
and Focused And Aware



BUY ONE GET ONE

FREE

Poll-On
SAVE \$13.99

LIFE LIVING FLOWER ESSENCES

Outdoor Play, Stress Formula,
and Sleep Relief



BUY ONE GET ONE

FREE

1 oz
SAVE \$9.49

FREEDOM

Barley + Toasted Muesli
Pink Lady Apple & Macadamia, Cranberry & Nuts,
Maple & Nuts



BUY ONE GET ONE

FREE

12.3 oz
SAVE \$8.49

JENNIE'S

Organic Coconut Bites
All Flavors



BUY ONE GET ONE

FREE

5.25 oz
SAVE \$4.99

GARDEN OF LIFE

Coconut Oil



BUY ONE GET ONE

FREE

14 oz
29 oz
56 oz
SAVE \$9.99
SAVE \$19.99
SAVE \$32.99

ORGANIC HAAS AVOCADO

BUY ONE GET ONE

FREE

SAVE \$1.99



ORGANIC KENT MANGO

BUY ONE GET ONE

FREE

SAVE \$2.29



ORGANIC BABY PEEPLED

CARROTS

BUY ONE GET ONE

FREE

SAVE \$2.49

