



# Abby's Health and Nutrition

Better Health Through Education

14374 N. Dale Mabry Tampa, FL (813) 265-4951  
www.abbyshhealthandnutrition.com

# June

# 2017



Chair Massage Days 10am-2pm Look for Call for Pricing

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
28	29	30	31	1	2	3
4	5	6	7 <b>June 5-11</b>	8 <b>Free Hormone Seminar w/ Abby Saylor At 7pm</b>	9 <b>Free Massage Friday! 10am-2pm</b>	10 <b>Free Cooking Class w/ Debby DeGraaff At 11am</b>
11	12	13	14	15	16 <b>Free Massage Friday! 10am-2pm</b>	17
18 <b>Happy Fathers Day</b>	19	20	21	22	23 <b>National Hydration Day</b>	24
25	26	27	28	29	30 <b>Free Massage Friday! 10am-2pm</b>	1

**Hemp History Week**

