



Abby's Health and Nutrition

Better Health Through Education

14374 N. Dale Mabry Tampa, FL (813) 265-4951
www.abbyhealthandnutrition.com



May 2017

Chair Massage Days 10am-2pm Look for Call for Pricing

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
30	1	2 	3 	4 	5 	6
7	8 	9 	10 	11	12 Free Massage Friday!! 10am-2pm	13 Free Cooking Class Colorful Kale w/ Deb DeGraaff 11am World Fair Trade Day!
14 	15	16 Free Cooking Class Colorful Kale w/ Deb DeGraaff 7pm 	17 	18	19 Free Massage Friday!! 10am-2pm	20
21	22 Free Seminar Dr. Chi 6pm	23 	24 	25 Free Spanish Seminar w/ Cynthia 6pm 	26 Free Massage Friday!! 10am-2pm	27 Essential Oil Hand Scan w/ Dr. Jeffres 10am-4pm
28 	29 Happy Memorial Day! Open regular business hours	30 	31 	1	2 Free Massage Friday!! 10am-2pm	3