

Abby's Health and Nutrition



DECEMBER

Happy Holidays!

2017

"Better Health Through Education"

14374 N. Dale Mabry Tampa, FL (813) 265-4951

www.abbyhealthandnutrition.com

Chair Massage Days 10am-2pm Look for *Call for Pricing

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
26	27	28	29	30	1 Free AHCC & IMMUNE SUPPORT SEMINAR 7pm	2 Green After Dark Market @ Urban Roots 5pm-9pm MEGAFOOD POP UP 11pm-3pm 40% OFF
3 MEGAFOOD POP UP 40% OFF 12pm-3pm	4	5	6 Dr. Chi Consults 1pm-5pm	7 Dr. Chi Consults 9am-4pm Free Seminar w/ Dr. Chi 6pm	8 Dr. Chi Consults 9am-5pm	9 Dr. Chi Consults 9am-5pm Free Vegan Cooking Class w/ Ashley 10:30am
10 Abby's Employee Holiday Party Closing at 6pm	11	12 <i>Happy Hanukkah</i>	13	14 Free Gut Health Seminar w/ Abby Saylor 7pm	15	16
17	18	19	20	21	22	23
24 Christmas Eve Hours 8am-5pm New Year's Eve Hours 8am-6pm 31	25 MERRY CHRISTMAS CLOSED	26	27	28	29	30