

SMOOTHIES

Organic Smoothies

Verry Berry Berry: Sm \$5.59
 Strawberries, Blueberries, Apple Juice
 Md \$6.99
 Lg \$8.99

Tropical Temptation: Pineapple Juice, Coconut Juice, Mangoes, Bananas, Coconut Dates
Eden's Date: Almond Milk, Pineapple, Avocado, Bananas, Strawberries, Coconut Dates

Mango Madness: Mangoes, Strawberries, Pineapple Juice, Apple Juice
Fruit Fantasia: Strawberries, Blueberries, Mangoes, Bananas, Apple Juice

Organic Specialty Smoothies

Sm \$6.49 Md \$7.99 Lg \$9.99
Abby's Favorite: Life's Basic Plant Protein*, Vanilla Almond Milk, Perfect Food Raw, Coconut Oil

The Hulk: Bananas, Pineapple Juice, Coconut Juice, Spirulina, Bee Pollen
High Protein Shake: Bananas, Strawberries, Protein Powder, Apple Juice

Almondina Lover: Bananas, Strawberries, Blueberries, Almond Butter, Vanilla Almond Milk

Acai Smoothie: Acai, Bananas, Strawberries, Apple Juice

The Spartan: Bananas, Strawberries, Bee Pollen, Pineapple Juice, Ginseng

Greens Smoothie: Bananas, Apple Juice, Strawberries, Parsley, Spinach, Kale

*Not Certified Organic

Add a Booster! .99¢

Protein, Gingseng, Bee Pollen, Spirulina, Maca, Green Vibrance

ORGANIC JUICES

Sm \$5.49
 Md \$6.99 Lg \$9.29

The Rejuvenator: Carrot, Celery, Beet, Parsley

Apple Pizazz: Carrot, Celery, Beet, Ginger, Apple

Vic's Vibrant Juice: Carrot, Apple, Spinach, Broccoli, Celery, Parsley

Higher Mind: Carrot, Cucumber, Celery, Spinach, Parsley

Greens Juice: Carrot, Kale, Parsley, Cucumber, Spinach, Broccoli

Purifier: Beet, Apple, Celery, Parsley, Ginger, Turmeric

Or... go custom!

(Needs to include Apple, Carrot, &/or Beets)

Choose from these organic ingredients:
 Apple, Beet, Broccoli, Cabbage, Carrot, Celery, Cucumber, Garlic, Ginger, Kale, Lemon

Organic Carrot Juice
 Sm \$5.49
 Md \$6.99 Lg \$9.29
Organic Wheat Grass Shot
 1oz \$2.69 2oz 4.99

Organic Powershot
 2oz Wheat Grass, Ginger & Lemon Juice
 \$3.69

Mother Kombucha on Tap
 Flavors Vary
 8oz...\$2.99 12oz...\$3.99 16oz...\$4.99
 32oz Refill...\$9.99
 32oz Refill & Growler...\$12.99



Acai Bowls



Acai is a Brazilian superfood, packed with antioxidants, good fats & vitamins.

Topped With Your Choice of Organic: Bananas*, Strawberries*, Granola*, Shredded Coconut*, Hemp Seeds*

\$5⁹⁹

For Here or To Go

WRAPS

Choose Your Base:

Wild Salmon Salad.....\$11
 Tuna Salad..... \$9
 Turkey Salad.....\$9
 Chicken Salad.....\$8
 Egg Salad.....\$8
 Cold Cut Turkey.....\$8
 Hummus.....\$8
 Veggie.....\$7
 Build You Own.....\$9

Choose your bread: Spinach Wrap, Sun-Dried Tomato Wrap, Whole Wheat Wrap, Ezekiel Bread, Gluten-Free Bread, Gluten Free Wrap

Choose Your Vegetables:

Non-GMO Alfalfa Sprouts,
Organic: Bell Peppers, Carrots, Yellow Squash, Cabbage, Cucumber, Tomatoes, Red Onion, Baby Greens, Spinach, Zucchini

Coffee & Tea

Black.....\$2.29

Decaf.....\$2.29

Ice Latte.....\$2.99

Espresso.....\$1.79

Tea.....\$1.49

a cup of organic made with certified organic coffee from Honduras

