



Abby's Health and Nutrition

Better Health Through Education

14374 N. Dale Mabry Tampa, FL (813) 265-4951

www.abbyshhealthandnutrition.com

April
2017



MARTIN

Chair Massage Days 10am-2pm Look for Call for Pricing

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
26	27	28	29	30	31	1
2	3	4 Free Seminar Upcoming Seasonal Challenges Kelly Clonts 7pm	5	6	7 Free Massage Friday!! 10am-2pm	8 Free Cooking Class Creative Cauliflower w/ Deb DeGraaff 11am
9	10	11	12 Grilled Cheese Sandwich Day	13	14 Free Massage Friday!! 10am-2pm	15
16 National Orchid Day!!	17	18 Free Seminar Benefits of Herbs & Spices Lynne Wadsworth 7pm	19	20	21 Free Massage Friday!! 10am-2pm	22 Earth Day!!
23	24	25 Free Cooking Class Creative Cauliflower w/ Deb DeGraaff 7pm	26	27 Free Hormone Seminar w/ Abby Sayler 7pm	28 Free Massage Friday!! 10am-2pm	1