

# Abby's Health and Nutrition

"Better Health Through Education"

14374 N. Dale Mabry Tampa, FL (813) 265-4951



























www.abbyshealthandnutrition.com



## April

## 2016

Chair Massage Days 10am-2pm Look for  \*Call for Pricing

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
28 	29 <b>EARTH DAY</b>  <b>EVERY DAY</b>	30 	31 	1   Last Quarter	2 	3
4	5 <b>Free Demo</b> Raw Fusion w/ LJ <b>LAST CLASS</b> "Fan Favorites" 7:00pm 	6 	7  New Moon	8 	9 	10
11	12 <b>Free Demo</b> "Outstanding Olives" GF Veg 	13 	14 <b>Acai Bowl Sampling</b>  First Quarter	15 	16 	17
18	19 	20 	21	22  Full Moon  Earth Day	23 <b>ECOFEST</b> at Lowry Park Zoo 10-3 	24
25	26 	27 	28	29 	30 	1 