



# Thanksgiving Menu



**Organic Roasted Turkey - \$14.99/lb**

**Vegan Turkey Loaf - \$9.99/lb**

---

**Organic Side Dishes (All sides)**

**\$8.99/lb**(1lb minimum)

***Herb Roasted Vegetables***(Vegan, GF)

Organic zucchini, squash, onion, & colored peppers roasted to perfection in garlic & herb olive oil.

***Green Beans with Almonds***(Vegan, GF)

Organic green beans tossed in garlic, ginger, tamaric, and almond slices.

***Mashed Potatoes***(GF)

Organic potatoes blended with organic butter, roasted garlic, sea salt, pepper, and sage.

***Sweet Potato Mash***(Vegan, GF)

Organic sweet potatoes blended with vegan butter, brown sugar, cinnamon, nutmeg, and sea salt.

***Cauliflower Mash***(Vegan, GF)

Organic cauliflower oven roasted in garlic, olive oil, salt and pepper.

***Roasted Sweet Potato Wedges***(Vegan, GF)

Sliced organic sweet potatoes, baked in garlic, sea salt, and olive oil.

***Stuffing*** (regular)

A delicious blend of stuffing, celery, onion, butter, vegetable stock, and raisins.

***Stuffing***(GF)

We use a healthy blend of gluten free bread crumbs, celery, onion, butter, vegetable stock, and raisins.

***Fruit Stuffing***

Organic celery, onion, diced apples, raisins, cranberries, almonds, and butter.

***Brown Rice Cranberry***(Vegan, GF)

Brown rice blended with organic cranberries, green onion, cashews, lemon, salt and pepper.

***Spinach Soufflé***

Organic spinach, butter, onion, parmesan cheese, milk and spices.

***Homemade Cranberry Sauce***(Vegan, GF)

Fresh organic cranberry, organic cane sugar, lemon juice, and orange peel.

***Pineapple Cran. Relish Sauce***(Vegan, GF)

A zestful blend of fresh organic cranberry, organic cane sugar, lemon juice, pineapple and orange peel.

## Dessert

***Apple Pie*** (Vegan)

***Cherry Pie*** (Vegan)

***Pumpkin Pie***

***Pumpkin Pie*** (Vegan)

***Harvest*** (Vegan)

---

Orders must be placed by:  
Monday, Nov. 20<sup>th</sup>

Orders must be picked up by:  
Wednesday, Nov. 22<sup>nd</sup>

Pick up time: 11am-5pm

**Café Eden**  
Organic Food Made Fresh

**Abby's**  
Health & Nutrition  
Better Health Through Education