



Abby's Healthful Kids

Nutrition 101
for
Kids & Parents



Your donations
will help Abby's
Community
Farm!

Abby's
Health & Nutrition
Better Health Through Education

EAT REAL
with Nancy
January 15

Sign up in the store
or call

(813) 265-4951

at Abby's 9am-10:30am

Suggested donation of \$5 or more per class.

This class is the first of four consecutive classes.

Sign up for all of them today!